



GURU GOBIND SINGH
INDRAPRASTHA
UNIVERSITY

University School of Education
GGSIU University
Dwarka, New Delhi 110078



GGSIU/USE/2022/1145

Date: 07.03.2022


NOTICE

The University School of Education is organising a Meditation and Yoga workshop as a part of the curriculum "Personality Development". The details of the workshop as follows:-

Programme	Meditation and Yoga workshop
Date & Time	7 th March 2022 to 11 th March 2022. 2.00 pm to 4.00 pm
Venue	Near E block Ground
Student Coordinators	Mr. Ayush 8860032790 Tanu 9971127846
Faculty Coordinator	Dr. Anjali Shokeen 9868016343

- All the interested faculty and students are requested to bring YOGA MAT. (For all 5 days).
- And avoid eatables at least two hours before the event.

All Faculty Members and Students of USS are cordially invited to attend the workshop.


Prof. Sangeeta Chauhan
Dean, USE

Copy to:

1. In-charge, Server Room for uploading on the University website.